Ashley Mitchell is a student at Alexandria High School in Louisiana, and her hard work and dedication to the sport that she loves so much has paid off in huge dividends.

Miss Mitchell just broke two world records while participating in the World Powerlifting Championships in the Czech Republic. Those records were the deadlift at 326.5 pounds and the other at 762 pounds. Now, those are impressive numbers, but even more impressive when you keep in mind that this young lady is 94 pounds. She represented the United States well and has returned home as the world champion for the United States of America.

It is young people like Ashley, who are leaders among their peers and who will be leaders in our communities very soon, whom we encourage.

I urge my colleagues to keep these young people, their potential, and their impressive accomplishments in mind as we do our jobs here in D.C. I commend Ashley for her talent, for her tireless effort, and for representing this country on an international stage in such an impressive manner.

# CLIMATE CHANGE AND ADAPTATION

The SPEAKER pro tempore. The Chair recognizes the gentleman from Illinois (Mr. QUIGLEY) for 5 minutes.

Mr. QUIGLEY. Mr. Speaker, this morning, the National Oceanic and Atmospheric Administration announced that last month was the warmest September in recorded history. Our reality can no longer be ignored. Climate change is here, and communities across the country—and the world—are feeling its effects. Just take the events we have seen unfold in 2015 as an example.

In April, drought-stricken California witnessed a snowpack with virtually no snow. On the other side of the country, Boston recorded its snowiest year with 110 inches between July 2014 and June 2015. Boston had so much snow, it did not melt until mid-July. 2015 also brought us the wettest months ever recorded in the U.S. within the 121 years of NOAA's recordkeeping; and this year, Tropical Storm Ana became the second-earliest tropical storm in history to make landfall in the U.S., in early May.

So what does all of this mean?

It means that we are no longer at a place where talking about climate change is enough. We need to act, and we need to act now.

I am proud that we have a President who is taking actions like reducing dangerous greenhouse gas emissions to mitigate climate change. Altering our current policies and enacting new ones will help reduce the impacts of climate change in the future. But mitigation is only one piece of the solution. We also need to adapt our policies to handle the effects of our already-changing climate in the present.

Climate change is already happening; and adaptation to climate change is

the only way we can help protect the people, the infrastructure, businesses, and ecosystems that are already threatened. We know that societies have adjusted to and have coped with changes in climate with different degrees of success; but our modern life is tailored to the stable climate we have been accustomed to. As the President recently pointed out, our climate is changing faster than we are adapting to it.

While climate change is a global issue, it is often felt on a hyper-local scale, so our cities have to be at the front line of adaptation. We need communities that have better flood defenses, plans for dealing with higher temperatures and heat waves, as well as better management of our water storage and use. Some cities are already taking steps to create these adaptation plans. Roughly 20 percent of cities around the globe have adopted adaptation strategies. My city of Chicago is included on that list.

The most obvious changes that Chicago is dealing with are hotter summers and more intense heat waves. Increased temperatures are leading to countless unforeseen consequences, such as heat-related illness and a deterioration in air quality. Higher temperatures are also boosting the demand for electricity, placing stress on our power plants. Heavy rains and snow are becoming more frequent in winter and spring. Increasing downpours make travel more dangerous, pollute our drinking water, damage crops, and disrupt infrastructure and transportation across the city.

But adaptation means more than protecting our cities. We must also protect our national defense. Many of our most critical military installations are already at risk.

A 2011 National Research Council report found that 128 U.S. military sites could be impacted by a sea-level rise of just 3 feet. Of those 128 sites, 56 are naval facilities valued at \$100 billion. Recent hurricanes have pushed water levels to dangerous heights in Norfolk, Virginia, threatening the largest naval base in the world. As sea levels rise and storms intensify, climate change threatens to require the relocation of that naval base.

This proves that local and State efforts are simply not enough. We need congressional action to produce lasting solutions that address the root causes of climate change and to prepare us for a very different future.

In closing, I defer to Charles Darwin, who said, "It is not the strongest of the species that survives nor the most intelligent; it is the one that is most adaptable to change."

I urge my colleagues to heed this warning and adapt to the reality in front of us.

### SENSE ACT

The SPEAKER pro tempore. The Chair recognizes the gentleman from

Pennsylvania (Mr. ROTHFUS) for 5 minutes

Mr. ROTHFUS. Mr. Speaker, I rise today to paint a picture of the incredible progress of an industry that is making my district in western Pennsylvania a better place to work and live.

For many years, the coal industry has been an important part of the economy in Pennsylvania. Historic mining activity, unfortunately, left behind large piles of coal refuse. These piles consist of lower-quality coal mixed with rock and dirt.

For a long time, we did not have the technology to use this material, so it accumulated in large piles in cities and towns, close to schools and neighborhoods, and in fields across the region. This has led to a number of environmental problems: vegetation and wildlife have been harmed, the air has been polluted, acid mine drainage has impaired nearby rivers and streams, and problems compound when these piles catch fire.

The cost to clean up all of this is astronomical. Pennsylvania's environmental regulator estimates that fixing abandoned mine lands could take over \$16 billion, \$2 billion of which would be needed for the coal refuse piles alone. We needed an innovative solution to this tough challenge. A commonsense compromise was necessary to get the job done and protect the environment. That is where the coal refuse to energy industry comes in.

Using advanced technology, they have been able to use this previously unusable fuel to generate electricity. This activity powers remediation efforts that have, so far, been successful in removing over 200 million tons of coal refuse and repairing formerly polluted sites. I visited the Nanty Glowaste coal site, in my district, earlier this week and witnessed the massive transformation this area has undergone.

In this picture, you can see an example of the progress that has been made across the Commonwealth of Pennsylvania. In the foreground are the remnants of a coal refuse pile that is up to 40 feet deep. In the distance, you can see what used to be a coal refuse pile that is almost completely restored. A little bit of work remains. This hillside has been restored, and, soon, it will be covered with trees and wildlife. This is an example of the environmental progress that is being made.

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The Nanty Glo site is one of the many examples of the good work being done by the coal refuse energy industry in Pennsylvania and in historic coal sites across the country.

We can all agree that we want to be good stewards of our natural resources and to use them as efficiently as possible. We also want to ensure that regulations do not hamper job creation, the economy, and opportunity for our families

Unfortunately, expanding EPA regulations threatens to bring much of the waste coal industry's activity to a halt. That would leave billions of dollars of vital cleanup unfinished and hurt jobs and Pennsylvania's energy security.

A lot of people in Washington like to offer up a false choice between protecting the environment and economic opportunity. The success of the coal refuse industry shows that that does not have to be the case.

This week I am introducing a commonsense approach to keeping these facilities open while holding them to tough standards. We are calling this bill the Satisfying Energy Needs and Saving the Environment Act, or SENSE Act, for short.

The bill addresses problems arising from two of the EPA's more expansive rules: the mercury and air toxin standards and the Cross-State Air Pollution Rule, known as CSAPR.

Under CSAPR, which relies on allocations to limit emissions, we are requesting that the status quo remain in place with regard to sulphur dioxide emissions for bituminous coal refuse-fired power generators. Due to the nature of the coal refuse, these facilities would be unable to comply with a new standard that is expected in 2017. Under the mercury and air toxin standards rule, we are proposing to hold the industry to alternative limits for hydrogen chloride or sulphur dioxide emissions.

Consistent with this legislation, Senators Toomey and Casey recently offered an amendment in the Senate exempting these plans from both the MATS and CSAPR requirements. While this proposal was supported by a bipartisan majority of Senators, it failed to achieve the supermajority required to pass.

This shouldn't be a controversial or partisan issue. We want to hold this industry to high standards, but standards that they can actually achieve. My bill will help keep the coal refuse industry in business so that the local community, economy, and environment will continue to reap the benefits. The fact that this industry performs such a vital environmental function means that we owe it to our communities to recognize these circumstances and do everything we can to allow them to keep up the good work.

Dennis Simmers, an engineer with Colver Power Project in Cambria Township and a long-time resident of the area, told me why he hopes my legislation is signed into law and the waste coal industry can go forward. "It's personal," he said. "Three generations of my family lived in Nanty Glo. Unfortunately, they died without ever seeing this environmental catastrophe corrected. There is a real shot now that I will see that in my lifetime."

With my legislation, I am working to ensure his vision becomes a reality.

# AFFORDABLE CARE ACT AND HEALTHCARE WITHIN CA-46

The SPEAKER pro tempore. The Chair recognizes the gentlewoman from California (Ms. LORETTA SANCHEZ) for 5 minutes.

Ms. LORETTA SANCHEZ of California. Mr. Speaker, I stand here today a little disheartened, disheartened because my colleagues across the aisle seem to have forgotten about the priorities and the needs of the American people

For an unprecedented 61st time, the majority has introduced a measure that would cripple the landmark Affordable Care Act. The consequences of such a budget measure would be terrible. Millions of Americans would lose their healthcare insurance, and premiums for others would skyrocket.

The majority claims that the ACA somehow is ineffective, costly, or illegal. They claim that it doesn't work. Well, they are just wrong.

Mr. Speaker, the Affordable Care Act is working. It has been working. It has been working in my hometown. It has been working in Orange County, California, under the Affordable Care Act, the CHIP, and Medicaid. We have expanded insurance to over 12.3 million individuals; 2.6 million of those individuals are Latinos.

Costs under the ACA have been greatly reduced, and the ACA is projected to save the United States \$200 billion in the next decade and over \$1 trillion in the second decade. I would say that those statistics speak to the success of the Affordable Care Act.

The ACA has had great success back home in my home district. In Orange County, we had the highest number of new people enroll into the healthcare benefit exchange that we have in California. Currently, there are more than 1.3 million Californians that now have health insurance that didn't have it before.

See, Mr. Speaker, before the enactment of the ACA, the folks in my district—well, they considered it a luxury. They chose between buying clothes for their kids to go to school or putting food on the table. Or worse, they used home remedies.

I know because I grew up on home remedies. I grew up not going to the doctor. I grew up trying all these crazy things at home, having a simple flu, and being out of school for 10 days because we couldn't afford to go to the doctor. It is pretty unacceptable in today's time, Mr. Speaker, in the greatest country in the world.

Health care should be a right, not a privilege. We need to continue moving forward. We need to continue moving our communities from a culture of coping to a culture of coverage.

No longer do people have to worry about being denied for their existing health conditions. Quality health insurance is now available to all who seek it. Because nearly 4 out of every 10 people in my district are Medicare recipients, I understand how important

this legislation is for working families; so I will continue to work to join with my community-based organizations to ensure that our people are covered.

So tomorrow, when my colleagues across the aisle once again vote—number 61—to defund the Affordable Care Act, I would like for them to think about all the families in America that will suffer when that is passed; think of all the families; think about all the kids and their home remedies.

My colleagues in the minority and I have stood up. We have tried to explain to the other side the importance of the Affordable Care Act, only to have our passionate voices fall on deaf ears.

Despite these continuous attacks against an existing law which has improved the lives of millions of Americans, I will continue to fight for quality health care for the folks back home in my district.

#### OBAMACARE IS FAILING

The SPEAKER pro tempore. The Chair recognizes the gentlewoman from Tennessee (Mrs. BLACKBURN) for 5 minutes.

Mrs. BLACKBURN. Mr. Speaker, I wanted to talk for a few minutes this morning about the families that are suffering under the false promises of ObamaCare. We are beginning to see this play out all across the country. The ObamaCare failings are very pronounced; and you see them in the communities; and you understand how they are affecting lives.

Now, the supporters of ObamaCare continue to have blinders on about this; and they don't want to admit that the entire premise is a theory, not proven. It was change for the sake of change. It was change for the sake of centralized control. It was change for the sake of the arrogance of the elite making decisions for millions of Americans and determining what kind of health care they were going to be able to access.

We all remember that the press said that the biggest fabrication of the decade was, if you like your doctor, you can keep him. It is all so unfortunate.

I want to look, Mr. Speaker, for just a few minutes at what has happened with these co-ops that are now failing. The failings are very pronounced, and they truly have an imprint and an effect in our communities.

One month before the ObamaCarefunded Oregon co-op announced its failure in bankruptcy, the CEO said she saw a "long health life in front of us." They had a \$50 million Federal loan, if you will, and had managed to enroll only 10,000 people. Now the taxpayers are beginning to wonder if that loan is ever going to be repaid.

Take a look at Colorado. In the Colorado co-op, the same story; 72 million taxpayer dollars, and they enrolled 83,000 people. Do the math on what the enrollment alone is costing the American taxpayer, and do the math on what kind of healthcare access could